



**CO501**  
**Pastoral Counseling**  
**Fall A 2010**  
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**DESCRIPTION**

An introduction to the basic skills necessary for a pastor to be effective in his role as counselor.

**OBJECTIVES**

KNOWLEDGE ACQUISITION	RESEARCH SKILLS
At the end of this course, students will ... <ul style="list-style-type: none"> <li>• Know and understand the theoretical basis for pastoral care.</li> <li>• Know signs and symptoms of common problems encountered by pastors.</li> <li>• Be able to evaluate the psychological and spiritual state of the counselee.</li> <li>• Be able to formulate a plan that addresses the counselee's problems.</li> </ul>	At the end of this course, students will ... <ul style="list-style-type: none"> <li>• Be able to utilize the resources on the internet to advance their counseling skills.</li> <li>• Have a list of books that will be of help in their further learning.</li> </ul>
SPIRITUAL FORMATION	MINISTRY PREPARATION
At the end of this course, students will ... <ul style="list-style-type: none"> <li>• Be able to utilize the knowledge acquired in the course for their own spiritual growth.</li> <li>• Have a better understanding of the work and person of the holy Spirit in their own lives.</li> <li>• Understand how faith can impact the mental health of their parishioners and themselves.</li> </ul>	At the end of this course, students will be able to... <ul style="list-style-type: none"> <li>• Adequately evaluate a hurting person and refer them for specialized treatment.</li> <li>• Counsel the person(s) with common problems encountered in their ministry.</li> </ul>

**TEXTBOOKS**

- Wilson, William P. *Transforming Lives*. The book will be given to the student on a CD.
- Wilson, William P. *The Nuts and Bolts of Discipleship: Tool for Living Out our Faith*.  
 Lima, OH: Fairway, 2007. ISBN: 0788021982.
- Wilson, William P. *The Grace to Grow* by Lima, OH: Fairway, 1984. ISBN 0-8499-0395-5.

## REQUIREMENTS

1. Each student must attend class and participate in the learning experiences. One absence will be allowed during the semester.
2. The student will be required to write an essay in which he/she discusses the application of psychological and spiritual interventions to some problem encountered in ministry. The paper must be 15 or more pages in length, double-spaced and formatted in accordance to Turabian's *A Manual for Writers of Term Papers, theses and Dissertations*.
3. The student is also expected to spend 3-6 hours evaluating a counselee's problems, and formulating a treatment plan. The student's cases will be evaluated and discussed in class.
4. Each student will be expected to take a midterm and final exam.

## GRADING

1. The student's final grade will be determined as follows...

Class participation	20%
Reading assignments	10%
Case presentations	10%
Essay	30%
Quiz	10%
Exam	20%

2. The 100 points will be broken down according to the following CEDS policy concerning letter grades:

	<b>B+</b> 93 – 94	<b>C+</b> 83 – 84	<b>D+</b> 74	
<b>A</b> 97 – 100	<b>B</b> 87 – 92	<b>C</b> 77 – 82	<b>D</b> 71 – 73	<b>F</b> 0 – 69
<b>A-</b> 95 – 96	<b>B-</b> 85 – 86	<b>C-</b> 75 – 76	<b>D-</b> 70	

## POLICIES

1. **Attendance.** Each student must attend class and participate in discussion. One absence without penalty will be allowed during the semester. Other absences, except in extreme emergencies, will result in a reduction of grade at the end of the semester. The professor must be notified before the class in case of an emergency. Three tardies equals one absence.
2. **Tardiness.** Classes will begin at the announced time. Because tardiness is disruptive and deprives the professor of valuable teaching time, three (3) late arrivals will be considered an absence and will lower the student's final grade for the course.

3. **Plagiarism.** For written work to demonstrate scholarship and integrity, documentation must be given for all ideas, paraphrasing, and quotations. Failure to do so is viewed as a very serious offense. Any assignment containing plagiarized material will be graded “F” and placed in the student’s file. A future occurrence, if determined to be deliberate, will result in dismissal from the divinity school. Cheating in any form will be treated in the same manner as plagiarism.
4. **Written Assignments.** Students are required to use the latest edition of Kate Turabian’s *A Manual for Writers of Term Papers, Theses, and Dissertations* and the *CEDS Research Paper Handbook*. Professors will not accept papers that do not comply with this policy. Proper format, grammar, and spelling will factor into the grade the student receives for the paper. Papers are expected to be submitted on-time, as scheduled by the course professor. All papers are expected to be new work and cannot be submitted twice at CEDS.
5. **Late Work.** All work must be submitted by the due date stated on the SCHEDULE. The professor will not accept late work. All written work must be submitted before the final week of the half-semester. Assignments can be emailed to the professor who will grade them but not print them out and return them. If you must miss class, make arrangements to have your work turned in early. Examinations cannot be taken if all course requirements have not been satisfied.
6. **Examinations.** Examinations must be taken at the times scheduled in the syllabus. Postponement of an examination must be requested in writing within two days of the scheduled date of the exam. The request will be considered only in the case of a major emergency (i.e., death in the family or an illness for which you can produce a doctor’s statement).
7. **Incomplete.** Students have thirty (30) days from the end of the half-semester to complete work for which they were given an extension by the professor and Director of Student Records. When course requirements are not met in that thirty (30) day period the final grade will be converted to an “F” and counted as hours attempted in computing the grade point average for the half-semester. The request for an extension must be made in writing and include the reasons for which additional time is needed. Requests will not be considered after the seventh week of class. A fee will be charged for the extension if granted.
8. **Withdrawal.** Students must complete the appropriate form when dropping a course. The withdrawal is not official until the professor and the Director of Student Records have signed the form. Courses may not be dropped after the fourth week of classes.

## SCHEDULE

Due	Topic	Reading	Assignment
Week 1	Why Christian counseling is different, The nature of man	Chapters 1 and 2 in <i>Transforming Minds</i>	Read the <i>Grace to Grow</i>
Week 2	Personality and Spiritual	Read chapters 3,4,5 in	Begin reading <i>The Nuts</i>

	Development	textbook	and bolts of discipleship
Week 3	Self and self esteem and relationships	Chapters 6 and 7	Finish Nuts and Bolts
Week 4	Wellness, Sex and sexuality and mental disease	Chapters 8,9 and 10	Consider various topics for topic for essays
Week 5	Reality of spiritual disease, Evaluation of Counselee, usefulness of secular concepts,	Chapters 11,12,13	Report on progress in Working with your counselee
Week 6	Therapist and counselee's relationship, Faith, Evangelism, Discipleship,	Chapters 14,15,16,and 17	Topics to be selected for essay by this session
Week 7	Therapeutic prayer, The uses of the Bible, confession etc.	18, 19, 20	
Week 8	Healing of memories, Exhortation, Worship and the Eucharist, Demonization and deliverance	Chapters 21, 22, 23,24	Some essay presentations
Week 9	Essay presentations and final exam, Essay presentations		

## BIBLIOGRAPHY

See attached bibliography

## BOOKS AND PUBLICATIONS OF INTEREST TO THOSE WHO DO COUNSELING

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- Banks, Robert. *Paul's Idea of Community*. Grand Rapids, MI: Eerdmans, 1988.
- Beals, A. *Beyond Hunger*. Portland, OR: Multnomah, 1985
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- Bridge, D., and D. Phipers. *Communion: The Meal That Unites*. Wheaton, IL: Harold Shaw Publishers, 1981.
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- Chambers, Oswald. *My Utmost for His Highest*. New York: Dodd Mead, 1935.
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- Gills, James. *The Dynamics of Worship*. Tarpon Springs, FL: no publisher, no date. (available from St. Lukes, P.O. Box 5000, Tarpon Springs, FL, 34688-5000)

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- Green, M. *I Believe in the Holy Spirit*. Grand Rapids, MI: Eerdmans, 1975.
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(Selected readings according to your interest)

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